



# Nutrition Services

Provided by Licensed Registered Dietitians

**Nutrition and Food Service Trainings:**  
Two Hour Trainings as Required Annually by  
Florida Statutes. Training cost: \$100 per person  
(See class descriptions below)

## Menu Review and Approval Services

- As Required by Florida Statutes
- Prompt Knowledgeable Service
- Nominal Fees beginning at \$75

### "Institutional Food Service"

Includes a review of applicable Florida administrative codes, an overview of basic elder nutrition care and detailed menu planning tips.

### "Elderly Nutrition"

Provides a review of applicable assisted Living facility menu requirements, unique elder nutrition considerations and the process of menu planning.

### "Special Diets"

Includes assisted living therapeutic diet regulations, sodium restriction and low fat, low cholesterol menu planning.

### "Menu Planning"

Includes review of menu requirements, tips for designing menus including portion sizes, menu substitutions, standardized recipes and menu forms.

\*The following classes are available in 2015:

January 15, 2015

2 to 4 PM

Florida Department of Health in Duval County  
900 University Blvd, N.  
Jacksonville, FL 32211

July 16, 2015 "Elderly Nutrition"

9 to 11 AM

Florida Department of Health in Duval County  
900 University Blvd, N.  
Jacksonville, FL 32211

March 26, 2015 "Institutional Food Service"

2 to 4 PM

Florida Department of Health in Duval County  
900 University Blvd, N.  
Jacksonville, FL 32211

September 17, 2015 "Special Diets"

9 to 11 AM

Florida Department of Health in Duval County  
900 University Blvd  
Jacksonville, FL 32211

May 21, 2015 "Menu Planning"

2 to 4 PM

Florida Department of Health in Duval County  
900 University Blvd, N.  
Jacksonville, FL 32211

November 19, 2015 "Menu Planning"

9 to 11 AM

Florida Department of Health in Duval County  
900 University Blvd  
Jacksonville, FL 32211

**Registration deadline: 5 days prior to scheduled training date.**

**For more information please contact:**  
Florida Department of Health in Duval County  
900 University Blvd, North  
Jacksonville, FL 32211  
(904) 253-1500